

GETTING A PRESENT

The word present and gift mean the same thing. A present is a special treat that someone gets for us. Sometimes it is something that we want and sometimes it is something unexpected.

A gift is a way of saying "I care about you" so we follow special rules to say "I care about you too."



1. Look for a card

Look for a card or tag and read the card or tag first. If there is no card, that is okay. When we look for the card first we are showing we care more about who gives the gift than the gift itself.



2. Unwrap the gift

The gift might be wrapped in paper. It is okay to rip the paper. It might be in a bag and there might be tissue paper. It is okay to crumple up the paper. The wrapping is there to show that gifts are special.



3. Smile and say thank-you

When we open the gift, smile, and say thank-you we are showing that we appreciate that someone thought of us and that we care about that person too. When we get a gift, the caring is more important than the present itself.

Sometimes the present is exactly what we want and we feel very happy.

Sometimes it is close to what we want but not exactly and we feel disappointed.

Sometimes it is something unexpected and we feel confused. Sometimes before we get the gift we feel anxious because we do not know what is coming next. All

these feelings are okay, but we smile and try to keep sad feelings off our face and out of our words in order to say, "I care about you too."